

**ARIZONA METROPOLITAN TRUST**  
**Final – Minutes of Tuesday, August 4, 2015**  
**Quarterly Trust Meeting**

**Trustees Present:**

Dr. Spencer A. Isom, Chairperson  
Bryant Powell, Vice Chairperson  
Jeanne Blackman, Trustee  
Greg Stanley, Trustee  
Bill Stipp, Trustee  
Sandra King, Alternate Trustee  
Liz Riley, Alternate Trustee  
Kathy Reyes, Alternate Trustee

**Others Present:**

Justin Cook, Pinal County  
Ann Coupland, Delta Dental of Arizona  
Ken Downie, Alliance Work Partners  
Alisa Dugan, Navitus (via phone)  
Tanya Edwards, AmeriBen  
Kristin Fitch, AmeriBen  
John Frick, Navitus (via phone)  
Dawn Hailey, City of El Mirage  
Elena Lacy, ECA  
Cherlene Penilla, City of Avondale  
Brandy Rossiano, ECA  
Jaime Schulenberg, ECA

**1. Call to Order**

The meeting was called to order at 1:00 p.m.

**2. Election of Officers**

*Greg Stanley, Trustee, made a motion for Dr. Isom to remain as Chairperson, seconded by Alternate Trustee Reyes and unanimously carried.*

*Dr. Isom, Chairperson, made a motion for Bryant Powell to remain as Vice Chairperson, seconded by Trustee Stanley and unanimously carried.*

*Dr. Isom, Chairperson, made a motion for ECA to remain as Recording Secretary, seconded by Trustee Stanley and unanimously carried.*

### **3. Approval of the April 30 Regular Trust Meeting Minutes**

*Alternate Trustee Reyes made a motion to approve the April 30 Regular Trust Meeting minutes, seconded by Chairperson Isom and unanimously carried.*

### **4. Approval of the March through June 2015 Financials**

Ms. Lacy reviewed the Trust's fund results as of June 2015 making note that the Trust finished well this fiscal year.

*Vice Chairperson Powell made a motion to approve the March through June 2015 financials, seconded by Trustee Stipp and unanimously carried.*

### **5. Ratification of Reinsurance**

Ms. Schulenberg reported to Trustees that as previously authorized, ECA renewed the stop loss coverage with Symetra effective July 01, 2015. The renewal came in at a decrease of 59% due to increasing the specific deductible to \$240,000 with an aggregating specific deductible of \$200,000. The monies saved what was budgeted for reinsurance of approximately \$860,000 has been moved to General Admin with a small portion used to fund the revised EAP premiums.

*Trustee Stanley made a motion to ratify the reinsurance renewal, seconded by Alternate Trustee Reyes and unanimously carried.*

### **6. Medical Claims Update**

Tanya Edwards with AmeriBen provided Trustees with an update on changes that are occurring at AmeriBen. Kristin Fitch has been assigned as the Account Representative as Tanya Edwards received a promotion. Tanya also introduced Dana Morris as the Client Service Coordinator as Tara Thompson received additional responsibilities within AmeriBen. Both Ms. Edwards and Ms. Thompson will continue to provide service and support to AzMT.

Ms. Edwards briefed Trustees with a high-level overview of the April through June 2015 enrollment and claims experience as well as the performance summary. Ms. Edwards also noted that AmeriBen is seeing an increased number of large claimants as well as more cancer and diabetes diagnoses.

Trustees and AmeriBen discussed at length various opportunities to address these issues; ECA and AmeriBen will bring back additional information for further discussion at a future meeting.

## **7. Prescription Claims Update**

Alisa Dugan and John Frick with Navitus reviewed the April through June 30, 2015 summary of plan statistics, drug utilization, clinical program management, specialty drug program, and network management.

## **8. Dental Claims Update**

Ann Coupland with Delta Dental reviewed the July 2014 through June 30, 2015 customer service statistics, claims by coverage, dentist selection, PPO usage and fee savings, and cost management savings.

## **9. EAP Update**

Ken Downie with Alliance Work Partners updated Trustees on the Usage, Assessed Problems, Training and On-Site Promotion provided through the employee assistance program.

## **10. Wellness Update**

Ms. Rossiano reviewed the completed and on-going AzMT L.I.V.E. programs including Colorectal Cancer Awareness, HRA's, Skin Cancer Screenings, Passport to Good Health, LiveBest Nutrition Education Campaign, Pharmacoadherence, Entity Wellness Budgets, Organ Screenings, Health Heart Blood Draw with Flu and Pneumonia Vaccinations, Mobile On-Site Mammograms, and Prostate On-Site Project.

Trustees requested that entities share what they use their individual wellness budgets for.

## **11. Admin Update**

Ms. Schulenberg reported on the following admin items:

- Healthcare Reform required coverage for some additional contraceptives which were added to the formulary.
- AzMT Marketing
  - ECA and Chairperson Isom are meeting with Casa Grande tomorrow to provide information about AzMT.
  - The City Manager from Scottsdale has not returned back to work, but as soon as he is available ECA will meet with Scottsdale.
  - The League meeting is in a couple of weeks and ECA and Chairperson Isom have a few entities they would like target.
  - Chairperson Isom is still in conversations with Maricopa County.
- Standard Life is offering a special enrollment period beginning August 10, 2015 for those members that were previously not able to obtain coverage for their same sex spouses.
- With Bryant Powell's promotion to City Manager, Liz Riley is now an Alternate Trustee.

- The Renewal Meeting will be held in February 2016.

**12. Future Agenda Items**

None at this time.

**13. Set Next Meeting Date**

The next meeting is scheduled for October 21, 2015 at 10:00 a.m. at the AmeriBen Phoenix office location, if space permits.

**14. Call to the Public**

No public was present.

**15. Adjourn**

The meeting adjourned at 3:00 p.m.

Respectfully Submitted,

Elena Lacy  
Recording Secretary