

**ARIZONA METROPOLITAN TRUST**  
**Final – Minutes of Tuesday, April 26, 2016**  
**Quarterly Trust Meeting**

**Trustees Present:**

Dr. Spencer A. Isom, Chairperson  
Bryant Powell, Vice Chairperson  
David Fitzhugh, Trustee  
Leo Lew, Trustee  
James Alcantar, Alternate Trustee  
Sandra King, Alternate Trustee  
Kathy Reyes, Alternate Trustee  
Liz Riley, Alternate Trustee  
Ray Temple, Alternate Trustee

**Others Present:**

Karla Anderson, Navitus (via phone)  
Chris Coyle, Delta Dental of Arizona  
Kristin Fitch, AmeriBen  
Dawn Hailey, City of El Mirage  
Tiffany Johnson, ECA  
Elena Lacy, ECA  
Chris Mead, Navitus (via phone)  
Laura Phillipson, Navitus (via phone)  
Jaime Schulenberg, ECA

**1. Call to Order**

The meeting was called to order at 10:02 a.m.

**2. Approval of the February 09, 2016 Work Session, February 10, 2016 Regular and Executive and March 22, 2016 Special and Executive Trust Meeting Minutes**

*Vice Chairperson Powell made a motion to approve the February 09, February 10 and March 22 Work, Regular, Special and Executive meeting minutes, seconded by Alternate Trustee Alcantar and unanimously carried.*

**3. Discussion and Possible Action re Orthodontia Benefit**

Ms. Schulenberg explained that during the renewal meeting Trustees voted to increase the maximum orthodontia benefit to a \$2,000 lifetime maximum. However, the pricing was done based on a prospective basis, meaning the lifetime maximum will only apply to those members that are new to utilizing the services after July 01. Those that are currently banded would only

be eligible for the current orthodontia benefit of \$1,000. Based on inquiries from several member entities, ECA requested pricing to apply the increased benefit to all beneficiaries, even those that are currently banded. Ms. Schulenberg reported that she had requested reports from Delta Dental showing amounts accumulated toward the \$1,000 lifetime maximum in order to determine an overall cost-impact, but those reports had not yet been provided.

Trustees noted that in general, they would like all changes to be consistent (i.e., prospective or retrospective) but decided to postpone a decision until the Delta reports were available.

#### **4. Discussion and Possible Action re TelaDoc**

During the renewal meeting in February, Trustees asked ECA to obtain a quote for telemedicine services for AzMT members. The benefit includes 24/7/365 access to a board-certified, state licensed physicians via phone or video to access non-emergency medical care. The cost would be \$1.40 per employee per month payable by AzMT and a \$45 consultation fee payable by members.

ECA sent a survey out at the request of several member entities regarding employee interest in this benefit. Ms. Lacy reported that 88 members (Apache Junction, Buckeye Valley Fire District, El Mirage and Youngtown) responded to the survey; 61 of those stated they would utilize the benefit, but 71 said they would not pay the \$45 consultation fee.

After discussion, Apache Junction, Avondale and Pinal County indicated that they would move forward with offering the benefit to their members if approved; Buckeye Valley Fire District and Youngtown would like to hold off for the year to see how it goes. El Mirage requested another survey with more context before deciding on whether to offer the benefit. (Editor's Note: The survey was completed and El Mirage decided to offer the benefit effective July 01.)

*Chairperson Isom made a motion to approve award of a contract to TelaDoc, seconded by Vice Chairperson Powell and unanimously carried.*

#### **5. Medical Claims Update**

Kristin Fitch from AmeriBen provided a third quarter review including customer care statistics, claims statistics, and an executive summary noting that the outpatient facility claims increased by 15.2%. The increase is due to members utilizing the Florence Hospital at Anthem which is a non-participating BCBSAZ provider and is overall the 3<sup>rd</sup> highest paid provider on the Plan.

Trustees discussed what could be done to reduce the utilization and/or getting Florence to join the BCBSAZ network. Pinal County and ECA will work together to come up with a plan to educate members and explore options to reduce these rising costs.

Ms. Fitch continued that AmeriBen is working on some organizational initiatives including:

- Mobile app technology;

- ID card vendor implementation; and
- MyAmeriBen.

## **6. Prescription Claims Update**

Chris Mead with Navitus introduced Laura Phillipson as AzMT's new Senior Client Services Coordinator and Karla Anderson as the new Clinical Account Executive and then briefly reviewed the quarterly report. Mr. Mead reviewed the plan statistics, performance metrics, and network management, while Ms. Anderson reviewed drug utilization and the specialty drug program.

## **7. Dental Claims Update**

Chris Coyle with Delta Dental reviewed the April 2015 through March 2016 customer service statistics, claims by coverage, dentist selection, PPO usage and fee savings, and cost management savings.

## **8. Wellness Update**

Tiffany Johnson, Worksite Wellness Consultant, provided an HRA update noting that there was a 400% increase in participation including 63 colorectal screenings. Ms. Johnson then reviewed the completed and upcoming programs including:

- Remaining entity wellness budget numbers with examples of what entities have been using their dollars on;
- Update on the on-site meetings that occurred in March and April and noted she would be more than happy to go out again or to anyone that did not have an opportunity to have her come out;
- FitBit – Ready, Step, Go! started April 18 (participation statistics were provided in the overview memo); and
- Skin Cancer screenings are starting May 06 with Buckeye Valley Fire District and this year will include lesion removal.

## **9. Approval of the January and February 2016 Financials**

Ms. Lacy reviewed the Trust's fund results as of February 2016 making note that out-of-network claims are accounting for 20% of the total claims.

*Alternate Trustee Temple made a motion to approve the January and February 2016 financials, seconded by Alternate Trustee Alcantar and unanimously carried.*

## **10. Admin Update**

Ms. Schulenberg reported on the following admin items:

- AmeriBen President's Council Meeting – Alternate Trustee Reyes provided an update on the President's Council meeting, explaining that it is an opportunity to voice your opinions and/or concerns and collaborate with other employers.
- EAP utilization report was attached for Trustee review.
- Membership Applications from Cave Creek and Sun City Fire District are currently being evaluated by Mike Schionning with Cheiron. Superstition Fire stated that there were going to apply for membership, but as of today, AzMT has not received their application.
- ECA is in the process of finalizing a communication announcing that the Town of Fountain Hills will be joining the Trust effective July 01. ECA is waiting to see if Cave Creek and Sun City Fire District will be joining prior to sending out the announcement.
- Sponsorship for the League meeting – Last year AzMT sponsored the League meeting to help keep the Trust in the minds of its colleagues. ECA will place this item on the next meeting agenda to determine whether AzMT would like to sponsor the upcoming conference as well.
- Fountain Hills – ECA recently conducted an employee education meeting and is working on providing a quote for their short term and long term disability policies.
- Vision – There was an error on some vision materials that erroneously stated there was a \$20 material copayment for glasses and then a \$20 material copayment for frames when they should have been combined. AmeriBen is in the process of re-processing claims and providing reimbursements.
- Lanier Claim – The settlement is in process.

#### **11. Future Agenda Items**

Update on Reserve Policy.

#### **12. Set Next Meeting Date**

The next meeting is scheduled on August 09, 2016 at 10:00 a.m. at the ECA Phoenix office.

#### **13. Call to the Public**

No public was present.

#### **14. Adjourn**

The meeting adjourned at 11:41 a.m.

Respectfully Submitted,

Elena Lacy  
Recording Secretary